



Athletics/Activities Department

Fred Martinez Athletic Director

HERITAGE ACADEMY ATHLETIC PACKET

2022-23

Name				Student ID#
Grade	Age	DOB	Gender	
Sport(s)				
epartment. A	LL MATER	IALS MUST B	E COMPLETED AN	tryouts) in any sport without clearance from the Athletic D RETURNED TO THE ATHLETIC OFFICE. Students must participate in sports at Heritage Academy.
1. Parent	Consent ar	nd Emergency I	nformation	
2. Code o	of Conduct			
3. Partici	pation/ Phys	sical Evaluation	- Medical History	
4. Partic	ipation/ Phy	sical Evaluation	n – Physical Examina	tion by a Doctor
5. Athlet	ic Participat	tion		
6. Extrac	urricular Fe	ee Payment via	Tax Credit (ECA Tax	Credit Form)
7. Trans	portation Pe	ermission		
8. Read	Heritage Ac	ademy ATHLE	TIC CODE OF CON	DUCT.
l out all docu	ıments and	scan and send	to Coach Martinez a	t fred.martinez@heritageacademyaz.com
	ou are a nev	v student to the s	chool district and wan	t to participate in Activities/Athletics you MUST come to the
ETERMING I	ELIGIBILIT	Y – The student-	athlete must meet all re	equirements as it relates to the CAA and HA.
opportunity to	do so if they so should visi	meet all requireme t the athletic depar	nts listed above and the	am after the season has started will have an season is not nearing completion. New students at Athletic Director and the head coach of
ew to Heritag	e Academy:	YN_	En	rollment date (//)
•				

HERITAGE ACADEMY PARENT CONSENT AND EMERGENCY INFORMATION

My signature below indicates my permission in after school sports/activities at Heritage Acapprove the medical treatment authorization	for my scholar,, to participate ademy. My signature also indicates that I have read and .
EMERGE	ENCY INFORMATION
Student Name:	Birthdate: Age:
Father's Name:	Mother's Name:
	Mother:
Address:	
	Phone Number:
In an emergency, if the parents cannot be read	
Name:	Phone Number:
	TMENT AUTHORIZATION
My child may be examined and any necessary	child while participating in this activity, I hereby give my cessary by the attending health care provider or dentist. procedures (medical, dental, or surgical), anesthesia or rformed under the supervision of a member of the services.
I understand that, in the event of other than m contact me.	inor illness or injury, reasonable effort will be made to
I understand that there is inherent risk in many liable for injury or accident, which may occur in assume the risk of such injury or accident.	activities, and I hold Heritage Academy harmless and not the course of such activities. I willingly and ultimately
Parent/Guardian Name:	
Signature:	Date:

Heritage Academy Charter School Code of Conduct for Scholars and Parents

Participating in an athletic program at Heritage Academy is a privilege. With this privilege, scholar athletes are expected to adhere to a high standard of behavior. All scholar athletes shall abide by a code of ethics that will earn them the honor and respect that participation and competition affords. It is important for our athletes to realize they represent their families, the school and the community at all times. Scholar athletes act as role models for the younger scholars. Scholar athletes have a commitment to their teammates and coaches to be at their best physically, mentally and academically at all times.

Scholar athletes should promote a healthy lifestyle by not using any illegal or unhealthy substances including alcohol, tobacco and drugs or engage in any unhealthy techniques to gain, lose or maintain weight. It is expected that scholar athletes adhere to the Code of Conduct at all times, not just during the sport season.

It is important that a scholar athletic realize the great sacrifice by coaches, teammates, teachers, family and others in your behalf. Your gratitude is expressed by your respect!

Heritage academy issues a Scholar hand book that can be obtained from the front office or found online at www.hamesa.com

it is expected that all scholar athletes will respect and comply with the rules of Heritage Academy.

Scholar Athlete

ATHLETES MUST AGREE TO:

- Be to practice and games on time.
- Be responsible for any equipment and uniform issued to them and returning it as requested at the designated time and place. Scholar will replace
 misused, abused or lost equipment or be charged replacement value.
- Be respectful and encouraging towards your teammates. Do not belittle them for their mistakes or abilities. Be encouraging they are working hard
- Take responsibility to your academic eligibility and the tools to help you stay on track which will be offered by the coach.
- Help other teammates who may struggle in classes you excel in.
- Listen to your coaches while they are talking to you or another player. We do not want to talk over you.
- Not use or possess illegal substances including tobacco, alcohol, marijuana or drug paraphernalia.
- Not participate in any other act that results in the scholar athlete being charged with a crime or referred for juvenile delinquency.
- Notify one of the coaches of any teammate that might be struggling with issues contrary to our team standards.

Parents

PARENTS MUST AGREE TO:

- Have their athlete on time to practices and games.
- Help your athlete keep track of and in good condition any equipment and uniform issued to them. Replacement costs are not part of the
 participation fees.
- Not encourage belittling conversation towards players and/or coaches. Your comments are welcomed at the appropriate time.
- Cheer from the designated areas. A parent on the field makes coaching more difficult and is a distraction to all the players. It also makes it difficult
 for those behind to see. This includes half time.
- Share with the coach any concerns you might have about your athlete regarding sports, academics, or anything you feel would better help us understand him/her. We are a team-family. We want them to succeed
- Please respect the following times Pre-game (30 minutes before the game), the game (1st and 2nd halves), and post game (30 minutes after the game). This is NOT a good time for coaches to talk. We have lots to do regarding our team.

Parent signature:	Athlete signature:	Date
an our signaranos	Atmote signatures	

PREPARTICIPATION PHYSICAL EVALUATION -- MEDICAL HISTORY

REVISED 1-6-09

		AV	AZE DAIG OI DIIGI	
Student's Name: (print)Address				
Grade School			r none	
Personal Physician			Phone	
n case of emergency, contact:				
The state of the s			Phone (H)(W)	
F. L. Well answer in the her below # Cinels questions :	nu don!	t lenow t	the answers to. Any Yes answer to questions 1,2,3,4,5, or 6 requires furth	
explain "Yes" answers in the box below". Circle questions y medical evaluation which may include a physical examination. \ required before any participation in UIL practices, games or mat	Written	clearanc	e answers to. Any res answer to questions 1,2,3,4,5,0r o requires furth from a physician, physician assistant, chiropractor, or nurse practitioner is	s
Have you had a medical illness or injury since your last check	Yes	No		Yes i
up or sports physical? Have you been hospitalized overnight in the past year?		П	exercise?	
Have you ever had surgery?			·	
Have you ever passed out during or after exercise?				
Have you ever had chest pain during or after exercise?			14. Do you use any special protective or corrective equipment or devices that aren't usually used for your sport or position (for	
Do you get tired more quickly than your friends do during	H	H	example, knee brace, special neck roll, foot orthotics, retainer	
exercise?		_	on your teeth, hearing aid)?	
Have you ever had racing of your heart or skipped heartbeats?			15. Have you ever had a sprain, strain, or swelling after injury?	
Have you had high blood pressure or high cholesterol?		\bar{a}	Have you broken or fractured any bones or dislocated any	
Have you ever been told you have a heart murmur?			joints? Have you had any other problems with pain or swelling in	
Has any family member or relative died of heart problems or of			muscles, tendons, bones, or joints?	
sudden unexpected death before age 50?			If yes, check appropriate box and explain below.	
Has any family member been diagnosed with enlarged heart,				
(dilated cardiomyopathy), hypertrophic cardiomyopathy, long			Head Elbow Hip	
QT syndrome or other ion channelpathy (Brugada syndrome, etc), Marfan's syndrome, or abnormal heart rhythm?			□ Neck □ Forearm □ Thigh	
Have you had a severe viral infection (for example,			☐ Back ☐ Wrist ☐ Knee	
myocarditis or mononucleosis) within the last month?	_	_	☐ Chest ☐ Hand ☐ Shin/Calf	
Has a physician ever denied or restricted your participation in			Shoulder Finger Ankle	
sports for any heart problems?	_	_	☐ Upper Arm ☐ Foot	
Have you ever had a head injury or concussion?			16. Do you want to weigh more or less than you do now?	
Have you ever been knocked out, become unconscious, or lost			Do you lose weight regularly to meet weight requirements for	<u> </u>
your memory? If yes, how many When was the last			your sport?	_
times? concussion?			17. Do you feel stressed out?	
How severe was each one? (Explain below)				
Have you ever had a seizure?			or sickle cell disease?	
Do you have frequent or severe headaches?			Females Only	
Have you ever had numbness or tingling in your arms, hands,	H	H	19. When was your first menstrual period?	
legs, or feet?		_	When was your most recent menstrual period?	
Have you ever had a stinger, burner, or pinched nerve?			How much time do you usually have from the start of one	
Are you missing any paired organs?			period to the start of another? How many periods have you had in the last year?	
Are you under a doctor's care?			What was the longest time between periods in the last year?	
Are you currently taking any prescription or non-prescription			An individual answering in the affirmative to any question relating to a possible	e
(over-the-counter) medication or pills or using an inhaler?	_		cardiovascular health issue (question three above), as identified on the form, she	ould be
Do you have any allergies (for example, to pollen, medicine,			restricted from further participation until the individual is examined and cleared	ed by a
food, or stinging insects)?			physician, physician assistant, chiropractor, or nurse practitioner.	
Have you ever been dizzy during or after exercise?			**EXPLAIN 'YES' ANSWERS IN THE BOX BELOW (attach another sheet if nec	cessary)
 Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, or blisters)? 				
Have you ever become ill from exercising in the heat?				
. Have you had any problems with your eyes or vision?	Ħ			
	_	_		:
It is understood that even though protective equipment is worn in Interscholastic League nor the school assumes any responsibility i			henever needed, the possibility of an accident still remains. Neither the Unit occurs	iversity
				h
			need immediate care and treatment as a result of any injury or sickness, I do udent by any physician, athletic trainer, nurse or school representative. I do	
			entative from any claim by any person on account of such care and treatment	
student.				
If between this date and the beginning of athletic competition, any	/ illness	or injur	should occur that may limit this student's participation, I agree to notify the so	chool
authorities of such illness or injury.	,	mjwi		
	the ab	ove que	tions are complete and correct. Failure to provide truthful responses cou	ld
subject the student in question to penalties determined by the				
		ian Signat		
	ON IN A	NY PRA	CTICE, SCRIMMAGE OR CONTEST BEFORE, DURING OR AFTER SCHOOL.	
For School Use Only:				
This Medical History Form was reviewed by: Printed Name			DateSignature	

PREPARTICIPATION PHYSICAL I	VALUATION PHYSIC	CAL EX	(AMINATION	V	
Student's Name	Sex	٠	Age	Date of Birth	
Height Weight	% Body fat (optional)_		_ Pulse	BP/(/_ brachial blood y	pressure while sitting
Vision R 20/ L 20/			□N		
As a minimum requirement, this Plagain prior to first and third years of questions on the student's MEDICAL exam.	f high school athletic pa	rticipati	ion. It must	be completed if there are yes ans	wers to specific
	NORMAL		ABNORM	AL FINDINGS	INITIALS*
MEDICAL					
Appearance					
Eyes/Ears/Nose/Throat				Ti.	
Lymph Nodes					
Heart-Auscultation of the heart in					
the supine position.	 				
Heart-Auscultation of the heart in					
the standing position.	 				
Heart-Lower extremity pulses	 				
Pulses Lungs	-			····	-
Abdomen					
Genitalia (males only)	-				_
Skin	 				+
Marfan's stigmata (arachnodactyly,					+
pectus excavatum, joint					
hypermobility, scoliosis)					
MUSCULOSKELETAL	•				
Neck					
Back					
Shoulder/Arm					
Elbow/Forearm					
Wrist/Hand					
Hip/Thigh					
Knee					
Leg/Ankle					
Foot					
*Associan board anomination cult					
*station-based examination only					
CLEARANCE					
☐ Cleared					
☐ Cleared after completing evaluat	ion/rehabilitation for:				
D. Natistan Africa					
Recommendations:					
The following information must be fit			•		
Physician Assistant Examiners, a Reg	zistered Nurse recognize	d as an	Advanced Pro	actice Nurse by the Board of Nurs	e Examiners,
or a Doctor of Chiropractic. Examin	ation forms signed by an	ıy other	health care p	practitioner, will not be accepted.	
Name (print/type)			Date of	Examination:	
Address:					
Phone Number:					
Cianatura:					

Signature:

Must be completed before a student participates in any practice, before, during or after school, (both in-season and out-of-season) or games/matches.

Fee for non-returned uniforms/jersey/equipment. A minimum fee of \$50 will be assessed for any uniforms and jerseys which are not returned at the conclusion of the sports season and the fee may be higher for player equipment which is checked out to the athlete at the beginning of the season and not returned at the conclusion of the season. The equipment fee will depend on cost to replace the piece(s) of equipment.

In addition to my approval for participation in interscholastic or intramural sports, I understand that the payment of a participation fee is necessary for Heritage Academy to continue offering a worthy sports program. The payment fee does not guarantee that my athlete will participate in every scheduled competition. I understand that the participation fee allows my student to take part as a member of the team either at the interscholastic level or the intramural level. I further understand that if my student withdraws prior to the first game, one half of the participation fee will be refunded. However, athletes who quit or are injured after the first game, are not academically eligible to participate or are dismissed for disciplinary reasons at any time will have no portion of the participation fee refunded.

for disciplinary reasons at any time will have no portion of the participation fee	ally eligible to participate or are dismissed refunded.
The athletic fees for my scholar total: \$ Heritage Academy has www.heritageacademyaz.com. Participation fees may also be paid at the adm checks payable to "Heritage Academy."	s provided the option to pay online at ninistrative front desk. Please make your
I commit to pay the participation fee and understand that any non-paid f participation in athletic competition.	ees will necessitate my student's non-
Parent Name:	Date:
Parent Signature:	21

TRANSPORTATION PERMISSION SLIP

This permission slip is intended to cover Heritage Academy scholars transportation. This transportation allows scholars to participate in elective to parents from the burden of transporting their students to games and eve	courses being held on campus and as a relief
My scholar,, has my permiss classes, games, and events on Heritage Academy provided transportation. I in rented cars, vans, private vehicles, and/or chartered buses. It is understaken to ensure students' safety. Beyond this, I agree to hold Heritage Acad scholar while s/he is participating in off campus activities.	sion to be transported to and from Heritage understand that such transportation may be tood that every necessary precaution will be
Parent/Guardian Name:	Phone:
Signature:	Date:
COURT MARK COME STORM COME COME STORM COME STORM COME STORM COME STORM COME STORM COME STORM COME COME COME COME COME COME COME COM	many wave now paper with billing hands those other steam steam steam states dates based billing steam steam of
STUDENT DRIVING/RIDING IN PRIV	ATE VEHICLE
Transportation to and from activities may be provided by private vehicle or students may be driving their own vehicles to and from games, practices, o In the event that alternative private transportation is used in lieu of transportation according to the driver of the vehicle has accurate insurance and/or license.	r other Heritage Academy events. ortation provided by Heritage Academy,
In the event that a scholar uses alternative or private transportation, I agre	e to one of the following:
☐ _I give my permission for my son/daughter to drive a private vehicle	e to and from activity.
I give my permission for to ride in a private of Riding Student's Name(s) to and from activity.	vehicle driven by Driving Student's or Parent's Name
Parent/Guardian Name:	Phone:
Signature:	Date:

Note: Before any scholar is permitted to participate in Heritage Academy activities requiring school transportation, this permission form must be signed and returned. NO EXCEPTIONS.



"Building America's Heroes"
32 S. Center, Mesa, AZ 85210

Extracurricular Activity Donation	Phone No.	-	
35 30	,		
Contributor/Taxpayer			
Email address:			
Address			
STREET	CITY	STATE	ZIP CODE
May give activity and/or student (Option	onal)	Amoun	II.
Vi			
Tax year Total Amount Co	ontributed	>	
The above payment is eligible for the Arizona state inco 1089.01. The tax credit is limited to \$400 for married or malled to you for tax purposes. <u>Tax credit donations</u>	couples and \$200 for indi	viduals. A recei	

<u>Due date</u>: Beginning in 2016, tax payers can make tax donations from January 1 up until April 15 of the following year. Donations made between January 1 and April 15 must be designated as to which tax year the donation applies. For example, a donation made in April 2016 can be applied to either 2015 or 2016.

Paying by check: Make checks payable to Heritage Academy and mail with the above form to the address above.

<u>Paying online by credit or debit card</u>: Go to our website: www.hamesa.com and click on Parents on the QuickLinks Red banner. Then click on payments. Enter the information on the scholar or activity and the donor information and then you will be able to pay with a paypal account or a credit or debit card.

Heritage Academy will make every effort to ensure that donations are used for the activity indicated as priority. However, in the unlikely event that an activity is cancelled or receives more funding than is needed, the school will use your donation for another worthwhile activity that directly benefits students. If no activity is listed, the school will determine the extracurricular activity of greatest benefit. Be assured your donations will not fund recreational, amusement or tourist side trips.

For answers to any questions, please contact the school at 480-969-5641.

Athletic Participation/Fee Form

student Name:		Grade:
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I understand that Heritage Academy is not insuring my student under any health or accident insurance program, and that my student's participation is covered only under whatever insurance program I have in place. I further understand that Heritage Academy disclaims any financial responsibility for the costs of medical treatment, hospitals, ambulances, paramedics, etc. arising out of or by virtue of any injury to my student while participating in interscholastic sports.

9"With regard to sports, the payment of fees is not contingent upon the scholar's playing time on a particular team, because whether or not a scholar gets to play, money has been expended for the class. Every effort is made to ensure that every scholar will play on a team, whether it is playing another school (interscholastic) or playing another team at the school (intramural)" (Scholar/Parent Handbook, pg 8). Fees used towards the ECA tax credit cannot be refunded. Fees for all sports for the entire school year are due by August 4, 2022. All Athletic Packet paperwork, current sports physical, concussion certificate are due for the entire school year by August 12, 2022.

Participation on an athletic team or in a sports class here at Heritage Academy-Mesa is a privilege. The Athletic Department reserves the right to drop any athlete out of the program if they see necessary without a refund. The Heritage PE uniform which can be purchased through the school's vendor, is required for all athletes to wear during 4th hour. Game uniforms/jerseys are only to be worn on game/meet days and are not to be worn to school during a "Dollar for Duds" day. Please visit: www.hamesa.com/athletics frequently for updates and more details and information.

This sports fee is to cover the duration of the league's sports season(s) only. Before a sport season begins or once a sport season has ended, your scholar athlete will have the option to participate in a different sport during 1 of the other 2 sports seasons or be transferred into a PE class entitled "Strength, Conditioning and Sports" to fulfill their PE credit requirement for the semester. As long as there are enough scholar athletes registered and cleared to participate in a particular sport, the Heritage Academy-Mesa Athletic Department will make every effort to provide quality coaching during the season of play and for the skill level of the athletes on a particular team and an opportunity to compete in some fashion either in an interscholastic or intramural experience.

<u>Fee for non-returned uniforms/jersey/equipment</u> A minimum fee of \$75 will be assessed for any uniforms and jerseys which are not returned at the conclusion of the sports season and the fee may be higher for player equipment which is checked out to the athlete at the beginning of the season and not returned at the conclusion of the season. The equipment fee will depend on cost to replace the piece(s) of equipment.

In addition to my approval for participation in interscholastic or intramural sports, I understand that the payment of a participation fee is necessary for Heritage Academy to continue offering a worthy sports program. The payment fee does not guarantee that my athlete will participate in every or any scheduled competition. I understand that the participation fee allows my student to take part as a member of the team either at the interscholastic level or the intramural level. I further understand that if my student withdraws prior to the first game, one half of the participation fee will be refunded. However, athletes who quit or are injured after the first game, are not academically eligible to participate or are dismissed for disciplinary reasons at any time will have no portion of the participation fee refunded. There will also be no refunds after the first 3 weeks of classes for each semester respectively.

Turn Over



2022 -2023 Mesa Campus Course Fees

TIEM TO THE STATE OF THE STATE	FEE	TOTAL	Tax Credit (ECA
Suggested PTO Dues (PER FAMILY)	\$20		NOT ELIGIBLE
Yearbook	\$45		NOT ELIGIBLE
Yearbook Full Page Senior Ad - \$100/Half Page - \$50/Quarter Page - \$25	\$100, \$50, \$25		NOT ELIGIBLE
Dollar for Duds Pre-Payment	\$32		NOT ELIGIBLE
COURSE	FEE	TOTAL	Tax Credit (ECA)
Piano Class (no fee for Jr. High students)	\$35/semester		Yes / No
Senior Art (supplies fee) (no fee for Jr. High students)	\$20/semester		Yes / No
Digital Imaging (supplies fee)	\$30/semester		Yes / No
Dance (performance feeMax \$30/semester regardless of how many dance classes taken)	\$30/semester		Yes / No
COURSE	FEE	TOTAL	Tax Credit (ECA)
NOTE: Tennis, Golf, Bowling, and Swimming fees are non-refundable, unleas these fees are paid to the respective venues.		s class <u>befor</u>	
Tennis (court fees)	\$90/semester		Yes / No
Golf (greens fees)	\$120/semester		Yes / No
Bowling (alley fees)	\$180/semester		Yes / No
H.S. Swim (facility fee) (FALL)	\$210/semester		Yes / No
J.H. Swim (facility fee) (<i>FALL</i>)	\$210/semester		Yes / No
Track (SPRING)	\$180/semester		Yes / No
COURSE	FEE	TOTAL	Tax Credit (ECA)
NOTE: The following sports are <u>\$180 per semester and you must sign</u>	up for BOTH	semesters.	
J.H. Girls Basketball (class fee) (<i>Must sign up for FALL</i> & FPRING)	\$180		Yes / No
H.S. Girls Basketball (class fee) (Must sign up for FALL & SPRING)	\$180		Yes / No
J.H. Boys Basketball (class fee) (Must sign up for FALL & SPRING)	\$180		Yes / No
H.S. Boys Basketball (class fee) (Must sign up for FALL & SPRING)	\$180		Yes / No
NOTE: The following sports are \$180 per semester.	•	•	
Cross Country (class fee) (FALL)	\$180		Yes / No
H.S. Girls Volleyball (class fee) (FALL)	\$180		Yes / No
J.H. Girls Volleyball (class fee) (FALL)	\$180		Yes / No
J.H. Flag Football (class fee) (FALL)	\$180		Yes / No
J.H. Softball (class fee) (SPRING)	\$180		Yes / No
H.S. Softball (class fee) (SPRING)	\$180		Yes / No
H.S. Baseball (class fee) (SPRING)	\$180		Yes / No
J.H. Baseball (class fee) (FALL)	\$180		Yes / No
H.S. Coed Soccer (class fee) (SPRING)	\$180		Yes / No
I.H. Coed Soccer (class fee) (SPRING)	\$180		Yes / No
I.H. Boys Volleyball (class fee) (SPRING)	\$180		Yes / No
H.S. Boys Volleyball (class fee) (SPRING)	\$180		Yes / No
Tackle Football (high school only) (FALL)	\$400/season		Yes / No
		TOTAL-	

- I understand that ECA payments are non-refundable.
- I understand that TENNIS, GOLF, BOWLING, AND SWIMMING fees are non-refundable, <u>unless</u> the scholar drops class before the semester beings, as these fees are paid to the respective venues at the beginning of the semester.
- I understand that there will be no refunds after the first 3 weeks of classes.